

7 DAY CHALLENGE FOR PARENTS

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Train up a child in the way he should go [and in keeping with his individual gift or bent], and when he is old he will not depart from it.

(Proverbs 22:6 AMP)



In order for any parent to be an effective trainer to their child(ren), they need to know them, know their individual gift or bent. This can be achieved through the help of the Holy Spirit, spending time with your child(ren), observing their behavior and asking them questions. You may have more than one child but each child has their unique attributes and gift, you cannot treat all/train all in the same way. It is our hope that this 7 day challenge will get you more acquainted with your child, strengthen the bond between you, as you Raise Kingdom Champions.



1. Asking leading questions

For example:

- a) What is your favorite subject in school? Why?
- b) What do you enjoy doing the most?

This will give you guidance on your child's interest



Tip on doing your homework;

A good way to think about homework is the way you think about medications or dietary supplements," he said. "If you take too little, they'll have no effect. If you take too much, they can kill you. If you take the right amount, you'll get better.

Daniel 1:17(NLT)

God gave these four young men an unusual aptitude for under standing every aspect of literature and wisdom...

As a parent, the knowledge of what your child (ren) love, should push you to encourage them that they can be the best in it. As seen in the verse above, God is able to give them wisdom to understand the subject they love much better and make them excel in it. In the case of Daniel and his friends, they were found to be 10 times better.

Exodus 31:2-5 (NLT)

"Look, I have specifically chosen Bezalel son of Uri, grandson of Hur, of the tribe of Judah. I have filled him with the Spirit of God, giving him great wisdom, ability, and expertise in all kinds of crafts.



He is a master craftsman, expert in working with gold, silver, and bronze. He is skilled in engraving and mounting gemstones and in carving wood. He is a master at every craft!

Your child (ren) preferences maybe in technical subjects. These are subjects that require skills. Still in these areas, God is able to cause them to excel by giving to them wisdom to be the best. No matter what their area of interest is, as a parent encourage them that they can be best in it.

APPLICATION

- Share with your child (ren) what your favorite subject was.
- Share some of your school experiences with them.



2. Assign different tasks For example:

- a) An outdoor activity
- b) An indoor activity

This will reflect your child's personality.



Tip on how to nurture your child's personality.

Let your child be himself or herself, not an image of you. Maybe you're very outgoing, focused, quiet, or shy. You may want your child to be like that, too. But it's much more important that your child be him or herself and that your child make friends and meet the world in his or her own way.

Genesis 1:27(NLT)

So God created human beings in his own image. In the image of God he created them; male and female he created them.

The image of God refers to the immaterial part of man. This likeness enables him to commune with his Maker. It is a likeness mentally, morally, and socially. These 3 aspects affect the personality of a person.

Mentally, man was created as a rational, volitional agent. In other words, man can reason and man can choose. This is a reflection of God's intellect and freedom. Anytime someone invents a machine, writes a book, paints a landscape, enjoys a symphony, calculates a sum, or names a pet, he or she is proclaiming the fact that we are made in God's image.

Morally, man was created in righteousness and perfect innocence, a reflection of God's holiness. God saw all He had made (mankind included) and called it



"very good" (Genesis 1:31). Our conscience or "moral compass" is a vestige of that original state. Whenever someone writes a law, recoils from evil, praises good behavior, or feels guilty, he is confirming the fact that we are made in God's own image.

Socially, man was created for fellowship. This reflects God's triune nature and His love. In Eden, man's primary relationship was with God.

(Genesis 3:8 implies fellowship with God). God made the first woman also to show that fellowship with fellow human being is important. Every time makes a friend, hugs a child, or attends church, he is demonstrating the fact that we are made in the likeness of God.

Psalms 139:14 (Amplified)

I will give thanks and praise to You, for I am fearfully and wonderfully made; Wonderful are Your works, And my soul knows it very well.

Encourage your child that regardless of what their personality are, they are created in the image of God and that they are wonderfully and fearfully made. As a parent, encourage them to be themselves without faking it. The expression of God's image in may differ from one person to another but we are all in God's image.

APPLICATION

Share with your child(ren) what your personality is. You could explain to them how different personalities affect how people are in life.

GIVE THEM CHORES

Suitable for their age group. For example:-

- a) Tidying up their room
- b) Washing the dishes

This will reveal your child's strengths/weaknesses and also instill discipline on taking on responsibilities in spite of what they feel.

Ecclesiastes 9:10

Whatever your hand finds to do, do it with all your might, for in the realm of the dead, where you are going, there is neither working nor planning nor knowledge nor wisdom.

Our God has commanded us to work. He loves hardworking people. He has given us the strength and wisdom to work. Whatever work you can do, do it with all your might.

Colossians 3:23 (NIV)

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters,"

The verse above tells us to work as though we are working for God. That little chore in the house, do it as if it is God you are doing it for. And God sees the work we do and He promises to rewards us.

Hebrews 6:10(NIV)

God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.

APPLICATION

Help your child (ren) do the tasks you've assigned them. Ensure they do them well.

ESSAY WRITING

This will give you insight on your child's perspective on different topics such as: - family, state of the nation, their view about God, their fears etc.

1 Peter 3:15

"...Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.

All of us have different perspectives about life. We should be bold enough to articulate clearly how we view life.

We as Christians should form our view or perspective of life from the word of God. That's why we should continually read the word, so that we'll have the right view and perspective about life. God's view about family should become our view about family, God's view about the nation should become our view about the nation.

APPLICATION

Read what your child(ren) have written with them and explain to them what the biblical perspectives are on the same.

5. JOURNAL ENTRY

Start journaling about each of your children to serve as a guideline on how to train them and also a nice gift to them when they are adults.

Romans 15:4(NIV)

For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope.

We should train ourselves to write down the victories that God gives to us every day. We get to experience God's victory starting with the small things in life to the big ones every day. We should write them down so that later in life, we'll be reminded of what God has done for us and give him all the glory.

The victories God gives to us should also be shared with others, so that they are encouraged. The bible includes documented victories for different people. We should journal as much as we can.

APPLICATION

Share your own testimonies and victories with your child (ren). Let them also share with you their experiences.



6. SPEAK LIFE

After you have discovered all of the above about your child look for scriptures that will speak life to your child. Make it a habit to speak life to your child on a daily basis. Parents are their children's prophets.

Proverbs 18:20(NIV)

The tongue has the power of life and death, and those who love it will eat its fruit.

Today, make your mouth "a fountain of life" (Proverbs 10:11). Be "slow to speak" in general (James 1:19). Encourage more than you critique. Seek opportunities to speak kind, tenderhearted words (Ephesians 4:32). Say something affectionate to a loved one at an unexpected time. Seek to only speak words that are "good for building up," that "give grace to those who hear" (Ephesians 4:29).

APPLICATION

Identify a specific situation/condition at your home and pray over it. Show the child (ren) what it is we mean by speaking life. Let them repeat after you the declarations you make



7. MEMORIZE ONE SCRIPTURE TOGETHER

Look for a simple scripture you and your child(ren) can memorize together and practice it frequently. This will help both you and your child know scripture by heart!

Dallas Willard, professor of Philosophy at the University of Southern California, wrote, "Bible memorization is absolutely fundamental to spiritual formation. If I had to choose between all the disciplines of the spiritual life, I would choose Bible memorization, because it is a fundamental way of filling our minds with what it needs. This book of the law shall not depart out of your mouth. That's where you need it! How does it get in your mouth? Memorization".

God spoke to Joshua and told him

John 1:8(NIV)

"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

We are encouraged to have the word of God in us richly.

Colossians 3:16(NIV)

"Let the message of Christ dwell among you richly...."

We can only do this through memorization.

APPLICATION

Choose a verse(s) which you and your child (ren) will memorize that day/week. Ensure that you say the memory verse to each other



THE END

